

FLOWER POWER - May 2023 - Inspiration - spring flowers



This month's block is a flower.

The triangles are cut 'improv' style.

You may refer to Diane's Block Lotto from March 2023 - Improv Spinners.

(Note - If you hate improv, I have added the 'snowball'

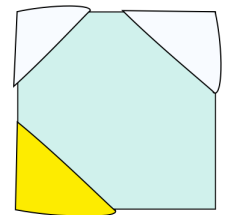
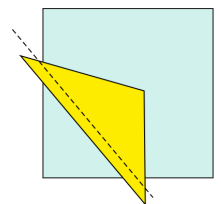
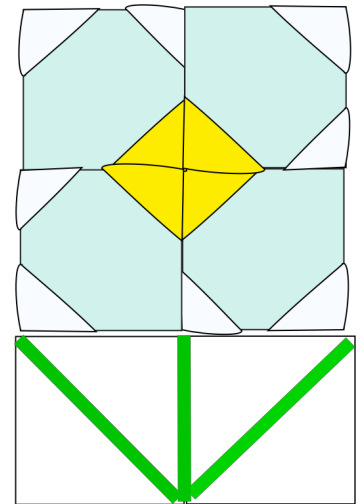
method at the end of this document as an option.)

Cut the following pieces:

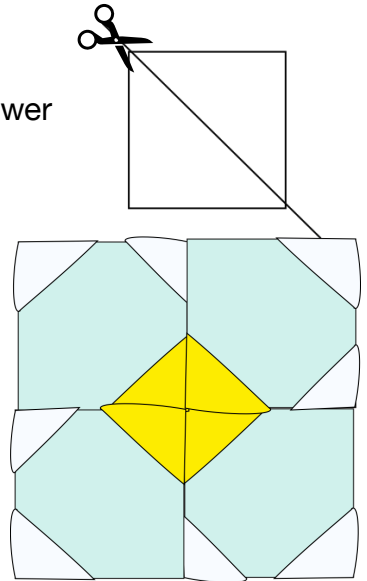
- Four 5" flower squares - Use floral, printed or plain fabric.
- Yellow - four triangles. May be assorted scraps.
- White - two 5" squares and eight white triangles.
- Green - two strips 1½" x 8" and one 1" x 5"

Free Style Flower Block:

1. Lay one flower square, right side up on your table and place one yellow triangle on a corner. Audition to make sure it will cover the flower square after it is stitched.
2. Stitch. Press toward the corner, again making sure it fills the corner.
3. Repeat this process using two white triangles. These are stitched onto two of the corners of each flower. Position above the yellow as shown.
4. Note that there is space between the triangles. They do not overlap.
5. Repeat steps 1 - 4 on the other three flower squares. Make all four blocks with this same configuration.

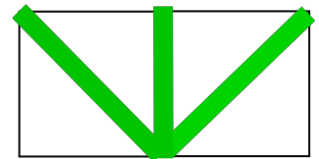
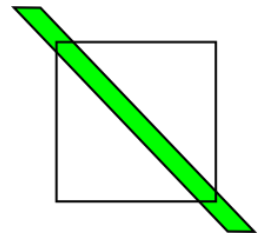


6. Press, making certain again that the triangles cover the original 5" flower square.
7. Trim all squares to the original 5".
8. Trim off the excess flower fabric corners on the back side to reduce bulk and so the flower colour doesn't show through.
9. Stitch your blocks together like a four-patch. Each block is given a 90° clockwise turn and the yellow triangles are in the centre.
10. Press. The finished block is 9½".



Leaf Block:

11. Lay one white square on your cutting mat. Cut a diagonal through from corner to corner.
12. Stitch a 1½ x 8" green strip to one of the diagonal sides. Stitch the other half to this strip, centering it carefully. This is one leaf block.
13. Repeat for the other leaf.
14. Press the seams toward the green leaf. Trim both squares 5". Position so they are a mirror image.
15. Stitch the stem, 1" by 5", between the two leaves. Press.
16. Stitch this leaf block to the lower edge of the flower block, making sure the stem is in a good position (You will have some wiggle room.)
17. Trim the finished block 9½" by 14".



1 block = 1 ticket. Feel free to make a garden's worth.

If you prefer not to do Improv, here is the snowball option

1. Traditional, snowball Flower Block:

2. Cut four 5" squares. Options - use florals, prints, plains, scraps or a Charm Pac. Any colour is okay - think spring
3. Cut four yellow centres, each 2" square.
4. Cut 8 white, 2" squares.
5. Use the snowball technique. Press a diagonal through all the 2" squares.
6. Stitch along the crease - one yellow square to a corner of each 5" floral print.
7. Stitch two white squares to each block as shown. Keep the configuration the same on all blocks.
8. Press each block so that the triangle folds toward the corner. Trim to original 5".
9. Trim off the excess corners on the wrong side to reduce bulk.
10. Stitch your blocks together like a four-patch, with the yellow centres aligned.
11. Press. The finished block is 9½".

